Welcome To The Blood Center Health History Interview



Save time with your next donation! *CFLexpress* enables you to complete The Blood Center's health history interview in the comfort of your own home, making it even more convenient to help save lives.

Important: You must complete the health history interview and print your *CFLexpress* ticket on the same calendar day as your donation; otherwise your ticket will not be valid, and you will have to retake the health history interview.

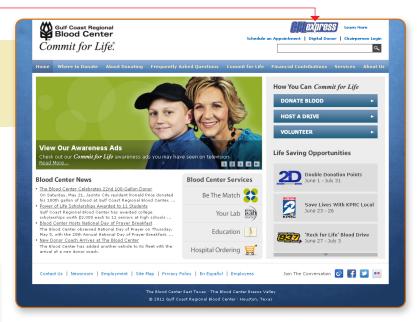
Home page

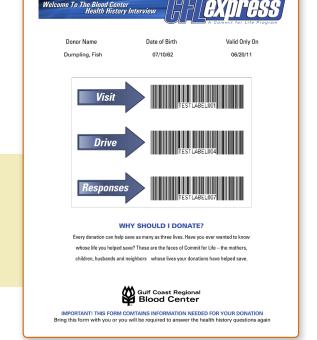
To get started, click on the *CFLexpress* icon at the top right corner of the **giveblood.org** homepage.

CFLexpress allows you to complete the health history interview but does not verify your eligibility to donate; that will happen at the donation site.



You will now complete the health history interview, which consists of 52 questions that you would normally answer in the screening room.





You are ready to donate!

Once you complete the interview, print your *CFLexpress* ticket. Take this ticket with you to donate on the same day you complete the interview. Our staff will scan these barcodes to retrieve your health history interview data – *saving you time at the donation site and making it even easier to help save lives!*